ONLINE RISK ASSESSMENT USING HAND GRIP AND PINCH STRENGTH MEASUREMENT

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# **Electronic Health Record**

*"Electronic Health Record is a real-time, patientcentered records that make information available instantly and securely to authorized users."* 

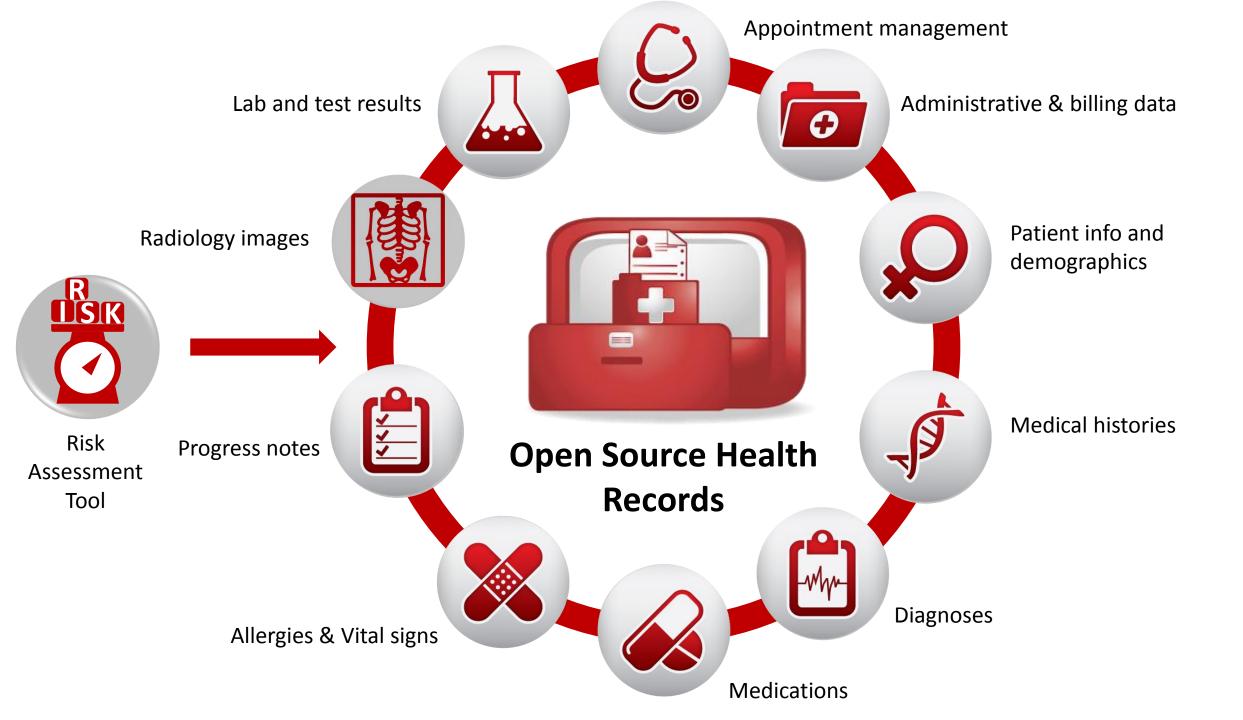


182%

Patients using EMRs who believe they receive better quality of care

### EHR around the world





## Free Online Health Risk Assessment Tool









Stroke Risk Profiler



Colorectal Cancer Risk Profiler



Heart Health Profiler



Asthma Symptoms Profiler for Children





**WebMD**<sup>°</sup>



### Risk Assessment Tool -Hand grip strength measurement

#### Muscle fatigue / flammation

Infection, Influenza, Glandular fever, HIV, Lyme disease, Hepatitis C, Tuberculosis, Malaria, Polio, Dengue fever Chronic Fatigue Syndrome, Sleep disorders, Depression, Chronic heart, lung, and kidney disease, Anxiety, Anaemia, Malnutrition, *hypothyroidism*, *Electrolyte disorders, Cancers* 

Muscle tiredness

### Muscle wasting

Advanced cases of chronic lung disease, Untreated hypothyroidism, Overusage of steroids, Untreated neurological conditions

#### Muscle weakness

Ageing, Peripheral arterial disease, Diabetes, Heart disease, Rheumatoid arthritis, Systemic lupus, *Polymyalgia rheumatic*, *Polymyositis, Dermatomyositis, Advanced cancer, Stroke, Tumors, Multiple sclerosis, Guillain-barre syndrome, Parkinson's disease, Muscular dystrophies\*, Charcot-Marie-Tooth syndrome\*, Amyloidosis\*,* 

## Project Approach

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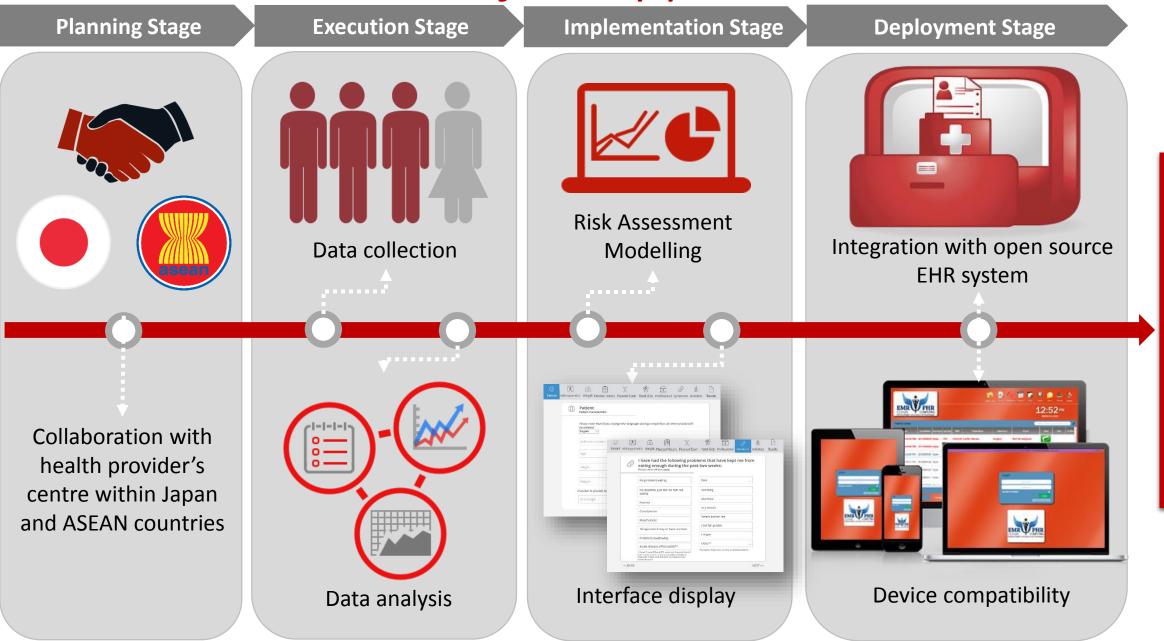
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### **Example of Health Risk Assessment -**Report

DATAWATCH DASHBOARDS

r F

intervention options

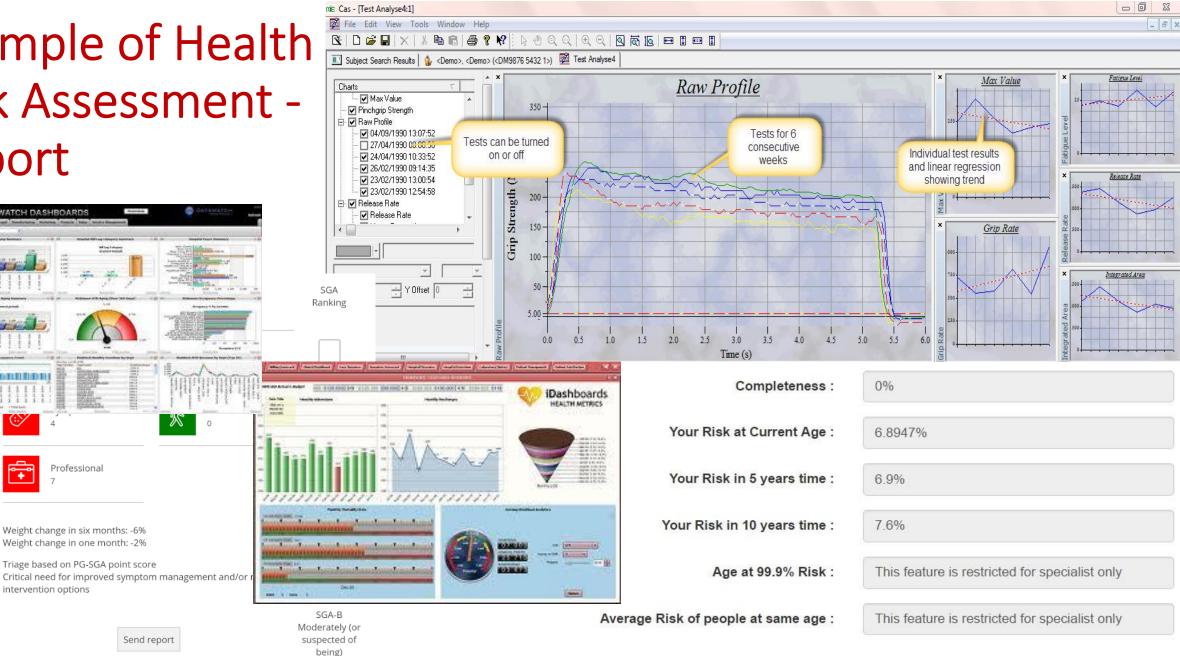
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Professional

malnourished



# Call for Collaboration

Ongoing Project  Measurement Of Hand Grip And Pinch Strength In Diagnosing Multiple Chronic Diseases In Malaysian Population

### Collaboration

- National Health Institute, Malaysia
- Cheras Rehabilitation Hospital, Malaysia

Potential Collaboration

- Data collection Data collection of patients from all ASEAN countries are required
- Open Source System Japan / Singapore / Vietnam
- Digital Hand Grip Analyzer Home and hospital used